






THE DOWNS PRIMARY SCHOOL AND NURSERY

School Menu

GF DF and Halal options available



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	<p>Mac 'n' cheese Pesto Wheel Baked beans Salad bar Flapjack</p> 	<p>Chicken Meatballs in tomato sauce with 50/50 rice (Halal option available) Vegetable and cheese tart Cheese panini Salad Bar Jam sponge</p>	<p>Roast Turkey dinner with cranberry sauce Halal Chicken fillet with cranberry sauce Quorn fillet Seasonal vegetables, roast potatoes with yorkshire pudding Fruit smoothie or yoghurt</p>	<p>Butchers baked pork sausage and mash Halal Chicken sausage Vegetarian sausage and mash Cabbage or baked beans Jacket potato choice of fillings Salad Bar Fresh fruit salad</p>	<p>Fish fillet Salt and vinegar quorn Chips Chocolate brownie Milkshake</p>
WEEK 2	<p>Cheese pizza with baked beans Tomato pasta Salad bar Jam thumb print cookie</p> 	<p>Pork sausage pasta bake Halal Chicken sausage Quorn meatballs in tomato sauce with 50/50 rice Cheese panini Salad Bar Jelly and yoghurt</p>	<p>Roast chicken dinner with stuffing (Halal option available) Vegan sausage Roast potatoes, seasonal vegetables and yorkshire pudding Fruit smoothie or yoghurt</p>	<p>Beef spaghetti bolognese with garlic bread (Halal option available) Cheese and tomato wheel Jacket potato choice of fillings Sweetcorn Salad Bar Flapjack</p>	<p>Chicken chunks (Halal option available) Quorn nuggets Chips Ice cream roll milkshake</p>
WEEK 3	<p>Cheese and broccoli pasta Veggie enchiladas Fruit mousse</p>  	<p>Beef burger in a bun (Halal option available) Quorn burger in a bun Pasta salads Cheese panini Salad Bar Melting moment</p>	<p>Roast chicken dinner with stuffing (Halal option available) Buttermilk quorn fillet Roast potatoes, seasonal vegetables and yorkshire pudding Fruit smoothie or yoghurt</p>	<p>Chicken curry with 50/50 rice and vegan naan (Halal option available) Plain omelette Jacket potato choice of fillings Shortbread</p> 	<p>Jumbo fish finger Vegan fishless finger Chips Chocolate brownie Milkshake</p>

Changing the planet 1 plate at a time

