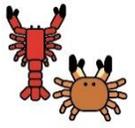
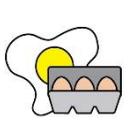
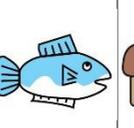
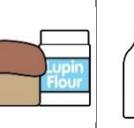
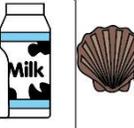
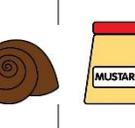
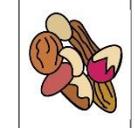
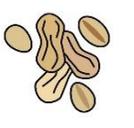
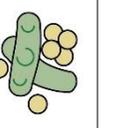
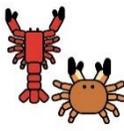
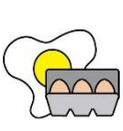
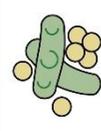


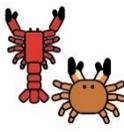
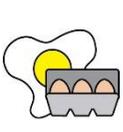
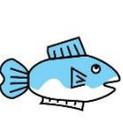
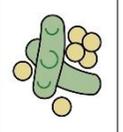
# DISHES AND THEIR ALLERGEN CONTENT - MENU ALLERGENS DWNS APRIL2024 –JULY2024 WEEK 3

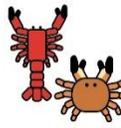
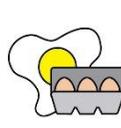
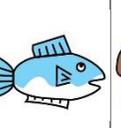
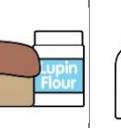
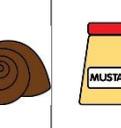
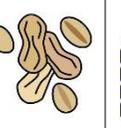
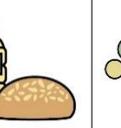
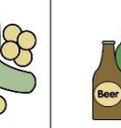
| DISHES                                 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|  | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin   | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| REGGAE VEG NOODLES                     |   | WHEAT<br>BARLEY   |   | Y   |   |   |   |   |   | M/C   | M/C   |   |   |   |
| REGGAE VEG RICE NOODLES                |   | BARLEY  |   |   |   |   |   |   |   | M/C   | M/C   |   |   |   |
| CHEESE QUICHE                          |   | WHEAT<br>BARLEY   |   | Y   |   |   | Y   |   |   |   |   |   | M/C   |   |
| FRUIT JELLY AND YOGHURT                |   |   |   |   |   |   | Y   |   |   |   |   |   |   |   |
| CHICKEN MEATBALLS IN A TOMATO SAUCE    |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| GF CHICKEN MEATBALLS IN A TOMATO SAUCE |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| DF CHICKEN MEATBALLS IN A TOMATO SAUCE |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| HALAL MEATBALLS IN A TOMATO SAUCE      |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| 50/50 RICE                             |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| SPINACH AND RICOTTA CANNELLONI         |   | WHEAT   |   | Y   |   |   | Y   |   | M/C   |   |   |   | M/C   |   |

Review Date: 10/04/2024

Reviewed by: Amanda Dodd

| DISHES              |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------|--|--|--|--|---|--|--|--|--|--|--|--|--|--|
|                     | Celery   | Cereals containing gluten  | Crustaceans  | Eggs   | Fish  | Lupin  | Milk   | Mollusc  | Mustard  | Nuts   | Peanuts  | Sesame seeds   | Soya   | Sulphur Dioxide  |
| JACKET POTATO       |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| CHEESE              |  |  |  |  |   |  | Y  |  |  |  |  |  |  |  |
| TUNA MAYO           |  |  |  | Y  | Y   |  |  |  |  |  |  |  |  |  |
| BAKED BEANS         |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| DATE FLAPJACK       |  | WHEAT<br>OATS  |  |  |   |  |  |  |  |  |  |  |  | Y  |
| ROAST CHICKEN       |  |  |  |  |   |  |  |  |  |  |  |  |  | Y  |
| HALAL CHICKEN       |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| QUORN FILLET        |  | WHEAT  |  |  |   |  |  |  |  |  |  |  |  |  |
| ROAST POTATOES      | <b>M/C</b>   |  |  |  |   |  |  |  |  |  |  |  |  | <b>M/C</b>   |
| STUFFING            |  | WHEAT<br>OATS  |  |  |   |  |  |  |  |  |  |  |  |  |
| YORKSHIRE PUDDING   |  | WHEAT  |  | Y  |   |  | Y  |  |  |  |  |  |  |  |
| VEGETABLES          |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| GRAVY               |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| ICED FRUIT SMOOTHIE |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
|                     |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
|                     |  |  |  |  |   |  |  |  |  |  |  |  |  |  |

| DISHES                |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------|--|--|--|--|---|--|--|--|--|--|--|--|--|--|
|                       | Celery   | Cereals containing gluten  | Crustaceans  | Eggs   | Fish  | Lupin  | Milk   | Mollusc  | Mustard  | Nuts   | Peanuts  | Sesame seeds   | Soya   | Sulphur Dioxide  |
| BEEF BOLOGNESE        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| HALAL BEEF BOLOGNESE  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| PASTA                 |  | WHEAT  |  |  |   |  |  |  |  |  |  |  |  |  |
| GF PASTA              |  |  |  |  |   |  |  |  |  |  |  |  | Y  |  |
| GARLIC BREAD          |  | WHEAT  |  |  |   |  | M/C  |  |  |  |  |  | M/C  |  |
| CAULIFLOWER CHEESE    |  | WHEAT  |  |  |   |  | Y  |  | M/C  |  |  |  |  |  |
| GF CAULIFLOWER CHEESE |  |  |  |  |   |  | Y  |  | M/C  |  |  |  |  |  |
| DF CAULIFLOWER CHEESE |  | WHEAT<br>M/C OATS  |  |  |   |  |  |  |  |  |  |  | M/C  |  |
| CHEESE BAGUETTE       |  | WHEAT  |  |  |   |  | Y  |  |  |  |  | Y  |  |  |
| GF CHEESE BAGUETTE    |  |  |  |  |   |  | Y  |  |  |  |  |  |  |  |
| CARROT STICKS         |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| CUCUMBER              |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| CARROT CAKE MUFFIN    |  | WHEAT  |  | Y  |   |  | M/C  |  |  |  |  |  | Y  |  |
| CHICKEN CHUNKS        |  | WHEAT  |  |  |   |  |  |  |  |  |  |  |  |  |
| GF CHICKEN CHUNKS     |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| HALAL CHICKEN CHUNKS  |  | WHEAT  |  |  |   |  |  |  |  |  |  |  |  |  |

| DISHES           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
|                  | Celery  | Cereals containing gluten<br>WHEAT  | Crustaceans   | Eggs  | Fish   | Lupin   | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| QUORN NUGGETS    |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| CHIPS            |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| CHOCOLATE MUFFIN |   | WHEAT   |   | Y   |  |   | Y   |   |   |   |   |   | M/C   |   |
| MILKSHAKE        |   |   |   |   |  |   | Y   |   |   |   |   |   |   |   |

Review Date: 10/04/2024

Reviewed by: Amanda Dodd