

Theme of the week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p><b><u>Symbolic noises</u></b> such as animals <b>sounds</b> often come before a child's first words. Copying <b>sounds</b> is an important stage</p>	<p><b>1 Feelings</b> “mmm” – food “ooo” – what’s hiding? “oops” – something fell</p>	<p><b>2 Car or bus</b> “vroom, vroom” as the vehicle moves or “beep, beep” Sing the Wheels on the Bus.</p>	<p><b>3 Farm animals</b> Make animal sounds when playing with toys or looking at pictures “moo”, “oink”, “baa”</p>	<p><b>4 Aeroplane</b> Look in the sky. Can you see a plane or pretend to be a plane. “neow”</p>	<p><b>5 Zoo animals</b> Lions, snakes, elephants and monkeys etc. Can you match pictures to sounds?</p>	<p><b>6 Splash!</b> ‘Splash’ in the bath or in the garden. Use toys or your body to splash in the water</p>	<p><b>7 Pop!</b> Blow bubbles together and model and repeat “pop”</p>	
<p><b><u>Intensive interaction</u></b> reflect your child’s movements and sounds. Pause after your turn, does your child repeat their action</p>	<p><b>8 Listen</b> to your child and copy the sounds that they make, such as blowing raspberries.</p>	<p><b>9 Try</b> some new sounds that your child doesn’t say, eg. “po po”. Don’t worry if your child doesn’t say them like you do</p>	<p><b>10 Mirror</b> Be face to face with your child as they play and mirror their actions</p>	<p><b>11 Peek a boo</b> Use your hands or materials. Pause before ‘boo’ to see how your child asks for this</p>	<p><b>12 Copy their play</b> as you are side by side; run up and down the garden or bang on the wall.</p>	<p><b>13 Add one more action</b> after copying their play; maybe a jump or clap</p>	<p><b>14 Repeat</b> your favourite activity from this week. Gradually build on your time shared together.</p>	
<p><b><u>Creating opportunities</u></b> for your child to request ‘help’, communicate for ‘more’ or a specific item.</p>	<p><b>15 Be forgetful</b> only offer 1 shoe when going outside, pause for your child to request the other shoe</p>	<p><b>16 Small snacks</b> offer small amounts of snacks and leave in sight to allow your child to ask for ‘more’</p>	<p><b>17 Out of reach</b> place favourite toys in sight yet out of reach for your child to request them</p>	<p><b>18 Blowing bubbles</b> blow bubbles and offer pauses for your child to request ‘more’ bubbles</p>	<p><b>19 Singing</b> Sing a well known song and offer pauses for your child to join in</p>	<p><b>20 Reading</b> take your time before turning the page, does your child gesture or look to communicate</p>	<p><b>21 Use clear boxes</b> to store favourite toys. This allows an opportunity to ask for them to be opened.</p>	
<p><b><u>Give choices</u></b> Give your child 2 options to choose from. They can point or say the word.</p>	<p><b>22 Offer choices</b> at breakfast time, “toast or cereal?”</p>	<p><b>23 Where to eat</b> you could eat “inside or outside?” “table or carpet?”</p>	<p><b>24 What to wear</b> “shorts or trousers?” “blue or red socks?”</p>	<p><b>25 Which cup</b> “blue cup or red cup?” “small cup or big cup?”</p>	<p><b>26 Which stroy</b> “The Gruffalo or Elmer?”</p>	<p><b>27 Snack time</b> Hold items for your child to see “raisins or wotsits?”</p>	<p><b>28 Toys</b> “Shall we play with...cars or animals?”</p>	
<p><b><u>Gestures</u></b> Using simple gestures as you talk will help build communication skills</p>	<p><b>29 Greetings</b> Wave at family and friends when you say “hello” or “bye”</p>	<p><b>30 Thumbs up, winking and High Fives</b> are all types of gestures</p>	<p><b>Read more</b> <a href="http://www.hanen.org/Helpful-Info/Articles/The-Importance-of-Gestures.aspx">http://www.hanen.org/Helpful-Info/Articles/The-Importance-of-Gestures.aspx</a></p>	<p>Use the daily activities to develop communication and enjoy learning together. You can visit our website for more tips and ideas. <a href="https://essexfamilywellbeing.co.uk/service/speech-and-language-therapy/">https://essexfamilywellbeing.co.uk/service/speech-and-language-therapy/</a></p>				